

MAINS NUTRITION

PRODUCT	PROTEIN (G)	SATURATED FATS (G)	KCAL
CRISPY DUCK PANCAKES	20.5	7.4	506
DYNAMITE CRISPY CHILLI BEEF	32.4	5	350
TERIYAKI BEEF	32.8	3.8	370
TRADITIONAL SWEET N SOUR	27.9	32	455
THE FIRE CRACKER CHICKEN	50.3	1.1	752.1
THE FIRE CRACKER PRAWN	32.1	1.6	626
PAD THAI	29.9	2.3	465
DONBURI TERIYAKI CHICKEN	23.9	1.4	488
DONBURI KOREAN CHICKEN	23.9	1.4	474
DONBURI HOISIN DUCK	17.5	5.5	575

CURRIES NUTRITION

PRODUCT	PROTEIN (G)	SATURATED FATS (G)	KCAL
MALAYSIAN STREET FOOD VEG & TOFU CURRY	16.7	1.4	595
MALAYSIAN STREET FOOD CHICKEN CURRY	30	2.3	605
MALAYSIAN STREET FOOD CRISPY PRAWN CURRY	26.5	1.7	586.5
MALAYSIAN STREET FOOD STEAMED COD CURRY	TBC	TBC	TBC
KATSU CHICKEN CURRY	82.5	8.9	1000
KATSU CRISPY PRAWN CURRY	28.3	8.7	687
KATSU STEAMED COD CURRY	TBC	TBC	TBC

CURRIES NUTRITION

PRODUCT	PROTEIN (G)	SATURATED FATS (G)	KCAL
INDONESIAN TOFU YELLOW CURRY	18.6	18.1	758
INDONESIAN CHICKEN YELLOW CURRY	28.1	28.1	972
INDONESIAN CRISPY PRAWN YELLOW CURRY	TBC	TBC	TBC
INDONESIAN STEAMED COD YELLOW CURRY	TBC	TBC	TBC
THAI GREEN VEG & TOFU CURRY	17.7	12.6	712
THAI GREEN CHICKEN CURRY	35.6	22.6	915
THAI GREEN CRISPY PRAWN CURRY	29.3	18.4	759
THAI GREEN STEAMED COD CURRY	TBC	TBC	TBC

***Nutritionals based on the full dish not per 100g.**

Fats displayed are saturated and don't include unsaturated fats