



CHAO
妙妙 urban oriental kitchen
CHAO

VEGAN MENU

SMALL PLATES NUTRITION

PRODUCT	PROTEIN (G)	SATURATED FATS (G)	KCAL
BANG BANG CAULIFLOWER	12.2	4.6	498
STEAMED EDAMAME BEANS WITH CHILLI SALT	11	1.9	112
VEGAN BAO BUN	18.7	4.1	518
KATSU ARANCHINI	7.8	4.6	450
VEGETABLE GYOZA	7.7	2.7	228
CANTONESE SPRING ROLLS	6.6	1.7	268

MAINS NUTRITION

PRODUCT	PROTEIN (G)	SATURATED FATS (G)	KCAL
TRADITIONAL SWEET AND SOUR	8.7	11.6	302
CHAO CHAO DONBURI	14.8	19.9	464
KATSU CURRY	TBC	TBC	TBC
VIETNAMESE CHICKEN GLASS NOODLE SALAD	7.3	8.8	237
CHINESE VEGETABLE GREEN DETOX	8.4	7.9	147
INDONESIAN YELLOW CURRY	18.6	18.1	758

SIDES NUTRITION

PRODUCT	PROTEIN (G)	SATURATED FATS (G)	KCAL
PLAIN FRIES	10.2	46.5	831
VEG FRIED RICE	16.1	39.6	770
STEAMED FRAGRANT RICE	8.4	3.9	405
SZECHUAN RICE NOODLES	14.6	10.6	424
SZECHUAN FRIED RICE	26.5	18.3	507
CHOW MEIN	12.6	4.5	316